

Referral Program at Balance for Life Share the gift of Health and Wellness

Tell someone you know about Balance for Life and you will earn FREE sessions, massages and BFL gift cards.

Our best source of new clients at Balance for Life comes from you. If you know someone who could benefit from our services-friends, family, or co-workers-give them a referral card and invite them to come to BFL.

The referral card entitles the bearer to receive:

A complimentary consultation (if they are interested in private sessions)

A free group fitness class

\$20 off a 60, 75 OR a 90 min massage

If the person you refer purchases:

3 or more one hour private training sessions or 3 or more 60, 75 or 90 min massages on their first visit, you receive a free one hour private session OR a one hour massage

4 or more classes, you get a free class OR a \$20 BFL gift card

Referral cards are available at the front desk for you to give away. Didn't grab a card? No worries--just tell your friend to tell us you referred them and you will get credit.

Thank you for spreading the word. We look forward to assisting your loved ones with their health and wellness goals.

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